

Vail Kids Adventure Race: Frequently Asked Questions

Will all kids compete together regardless of age?

No. The race will be divided into three age categories: 6-7; 8-9; 10-12. Each category will go out at separate teams, with individual teams starting at set intervals. A start list will be available prior to the event. The age of the oldest child on each team will determine which age group the team will compete in. Awards will be given to the top three teams in each age category and every participant will receive an award for completing the race.

Can teams be co-ed?

Yes.

Can I accompany my child during the race?

Yes, you can accompany your child throughout the race to watch them at the different challenges; however we ask that you refrain from helping your child during the race. Course marshals will be on hand to assist if children have difficulty.

My child can not swim, how deep is the water they will be in on the tubing sections?

No child needs to know how to swim, and the water-based sections will be safe for everyone. There will not be the need to go deeper than about knee deep (30cm).

Will someone be keeping an eye on my child during the event?

There will be approximately 20 marshals on the course, with near line-of-sight to every part of the course, so no child will ever be out of eye-sight for very long. In addition the course will be very well marked so there is minimal opportunity for your child to get 'lost'.

What dangers are there for my child participating in this event ?

The dangers of participation in the Kids Adventure Race are no greater than playing in the playground at school or running around at home. Nothing is ever 100% safe but all lengths have been pursued to make this event as fun and safe as possible for everyone. As such, it is possible that someone may incur a minor injury but this is no more likely to occur than anywhere else. There will be a first aid team on site who will attend to any incidents.

Does my child need any special clothing or footwear for this event?

We recommend kids wear clothing that wicks moisture as they will get wet and running shoes for footwear..

What special equipment does my child need?

Each child will need a mountain bike and helmet. If your child has their own climbing harness, they should bring that as well. Additionally, each child we will need to carry the following items with them during the event:

- bike gloves
- race shirt
- (bike) shorts, rain jacket, socks, running shoes
- First Aid Kit: small Ziploc bag with some wet wipes, band aids, white tape, Neosporin. (1 PER TEAM)
- sunscreen
- 40 oz water
- light snack
- small back pack

Will there be photos I can buy from the event?

Yes. A photographer will be on course and will post images for purchase after the race online at www.mcclarrinonphotography.com

Can I help with the event?

Yes, please! We welcome interested people to volunteer for the event. If you are interested and will be available from approximately 8am – 1pm on August 7th then please e-mail bpappas@vailrec.com